

## P & C NEWS

### UNIFORM SHOP

We will be placing our order for summer uniform stock next week, so if you need to order items for the summer months please complete the order form and return it by **this Friday, 14 August at the latest**. Notes on how to place your order are on the reverse of the form and extra forms are available in the front office, if required.

**The Uniform Shop will be open for uniform fittings and placing orders on Friday 14 August from 8.30am – 9.00am.**

Should you have any queries, please call Cathie Lynch 0448 877 083 or Di Kelly 0407 308 945.

## COMMUNITY NEWS

### Exercise those Mental Muscles!

Joondalup Regional Chess Championships  
St Stephen's - Carramar, Tapping  
Thursday, 13th August 2009

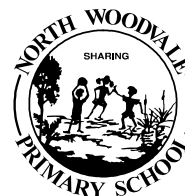
Full details and entries from: <http://chesskids.com.au/interschool/tournament/567/>  
Jump online to find more zones close by. No geographical restrictions.

- A fun, safe, educational and socially inclusive environment. The format ensures that all students will play against players of a similar standard; we expect beginners and experts of any age to enjoy a fun, learning and social experience.
- Primary (P-6), Middle-Years (grades 5-9) and Open Secondary divisions
- Assistance and mentoring from Accredited Coaches
- No minimum or maximum participation (recommended team size of 14)
- All Zone events run from 9.30am - 2pm (please aim for 9.00am arrival)
- Entry fee 14 (inc. GST) per player - all zones, all areas
- Prizes awarded on the day, plus a certificate for every player
- Winning school in each Zone qualifies for State Finals
- All players play 7 games
- All equipment provided

### CANTEEN ROSTER

Thursday 13th August  
Friday 14th August  
Monday 17th August  
Tuesday 18th August  
Wednesday 19th August

B. Millen, **!!!Help Needed!!!**  
T. Ladbook, **!!!Help Needed!!!**  
G. Morgan, S. Warren  
J. Fitzgerald, W. Sheppard  
S. Kuzminski, M. Green



[www.northwoodvale.wa.edu.au](http://www.northwoodvale.wa.edu.au)

# NEWSLETTER

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## Issue 24 - 11th August, 2009

### DATES TO REMEMBER

12th August	Japanese Concert - 1:30pm
14th August	Uniform Shop Fitting & Placing Orders
17th-21st August	Science Week
18th August	Little Learners 3yr old - Dad session <i>State Cross –Country Championship</i>
24th - 28th August	Life Ed Van

### FROM THE PRINCIPAL

#### CONGRATULATIONS ROOM 13 – YRS 4 & 5

Well done to all students in Room 13 for your very entertaining poem and song that delivered important values messages. Having a friend or friends to share life with is very important and to 'not judge people by the way they look' is also a very important message.

It was also wonderful to see you sharing a 'Safety House' song with your buddy class – well done!

**Congratulations!** to all the following merit award recipients;

Sanja Blicks, Connor Larkin, Dakoda Grills, Raine McKeag, Natalia Jovanoski, Samuel Carter, Elijah Caffery, Connor Lindsay, Catherine Cairns, Teá Vanderwal, Josh Patty, Lucy Davies, Declan Burke, Cameron Lawless, Zak Farley, Maeve Patterson, Courtney Storen, Megan Stutt, Mitchell Moore, Caitlin Claus, Jordan Schaffner, Beth Zipfel, Jenna Weall, Spencer Pemberton, Phoebe Kaluzynski, Jasmyn Rudings, Thomas Boyes.

*Thank You*

We were very fortunate to have Angelo and Lea Araujo the owners of our local IGA store present a cheque for \$2000.00 to our school. This money will go towards a very special project that will be announced soon. Thanks Angelo and Lea!



### STRANGER DANGER!

Unfortunately I need to report to you another incident (see below) regarding stranger danger – please be very aware that this problem does exist and that you know exactly how your loved ones are getting to and from school and you know their exact whereabouts after the school day.



It has been reported that this morning, prior to the commencement of the school day, a 40 yr old(?) bald male, unsuccessfully endeavoured to entice two students (boys) into his silver sedan. The incident occurred near the Ocean Reef Shopping Centre and has been referred to police.

### SCHOOL UNIFORM

Please be aware that the school winter uniform is as follows.

#### Boys

Red polo shirt with school logo  
Navy blue shorts rigger or unisex style  
Navy blue windcheater – crew neck or zip front with school logo  
Navy blue track pants  
Navy blue broad brimmed hat



#### Girls

Red polo shirt with school logo  
Navy blue skirt or navy blue unisex shorts  
Navy blue **skort (shorts and skirt combined)**  
Navy blue windcheater – crew neck or zip front with school logo  
Navy blue track pants  
Navy blue broad brimmed hat

Parents are asked to be strong and to not allow students to wear other items to school. Track suit pants are part of the uniform code and will help if students are cold.

### BRAIN FOOD!

The brain is the most intriguing and complex part of our bodies. Although the brain makes up only about 2% of the body weight of an average person, it consumes 20% of the energy in that body.

To help students make their brain function properly, it needs to be energised and therefore fed at regular intervals to maintain concentration.

Food items should include all sorts of vegetable and fish.



Now at school a serving of fish (to get those much needed omega 3 oils) is a little difficult, but with a little effort, having some vegetables to gnaw on during the day will help to keep the brain energised.

It has been very pleasing to see the number of students eating vegetables throughout the day and particularly at recess and lunch times. Well done to all those parents - you are helping do maintain their child's concentration.

Mr Greg Brice - Principal

### A POEM FOR THE EARLY YEARS

Take a moment to read and enjoy this poem which emphasises the importance of play in the Early Years.

The Early Years Team at North Woodvale Primary School highly value learning through play as the foundation for formal learning.

Dianna Spencer - Deputy Principal

- A poem about FLAT. Author and title unknown.

Today I did my maths and science  
I toasted bread.  
I halved and quartered, counted and measured  
Used my eyes and ears and hand.  
I added and subtracted on the way,  
I used the magnet, blocks and memory tray.  
I learnt about a rainline and how to weigh.  
So - please don't say  
"Anything in your bag today?"

You see I'm sharing as I play,  
I learn to listen and speak clearly when I talk,  
To wait my turn, and when inside to walk,  
To put my thoughts into a groove,  
To guide a crayon through a maze,  
To fill my name and write it down,  
To do it with a smile and not a frown,  
To put my pasting brush away.  
So - please don't say  
"What nothing in your bag today?"


I've learned about a shell and a worm,  
Remembered how to take my turn,  
Helped a friend when he was stuck,  
Learned that water runs off a duck,  
Agreed to differ, not to fight,  
So - please don't say  
"Did you only play today?"

Yes I played the whole day through  
I played to learn the things I do,  
I seek a problem, find a clue,  
And work out for myself just what to do.  
My teachers set the scene and stay near by  
to help me when I really try.  
They are there to pose the problems  
And to help me think,  
I hope they keep me floating,  
And never let me sink,  
All this is in my head and not my bag,  
It makes me sad  
To hear you say  
"Haven't you done anything today?"

When you attend your meetings and do your work today,  
I will remember not to say to you,  
"What nothing in your bag. What did you do?"

### MATHS CURRICULUM CORNER

Have fun cracking the pigpen cipher and then making up your own. When you have cracked the code and made up your own, come in and show Ms Spencer. Also have a go at this allowance maths problem.



**7**  
A girl had her monthly allowance doubled, received an additional \$3 increase, and then had her allowance cut in half.



How much is her present allowance compared with her original allowance?

(a) \$1.50 less      (b) the same  
(c) \$1.50 more      (d) \$3 more  
(e) \$4.50 more

### 6 The Pigpen Cipher



Created in the 1700s, this cipher involves grids, letters and symbols. For example, by placing letters in a grid, a code is formed.

The symbol  represents the letter A, while  represents the letter Y.

Decode the following message. 



Encode your own message.

### YEARS 4-7 FACTION CROSS-COUNTRY TEAM RESULTS

The Cross-Country was held around the School's oval and Chichester Park on **Tuesday, 4<sup>th</sup> August**. Students tried their best to complete the challenging 1500m course in warm and sunny weather, which made it pleasant to run or walk. Every student who finished earned a ribbon and at least one point for his/her faction. This new event had tremendous support from staff, parents, family and friends. There was plenty of colour, a great atmosphere and each race had an exciting finish. Scores are usually close in cross-country events, and this one was no exception.

Year 4/5 Results:	Year 6/7 Results:	Overall Results:	
ZAMIA 83	GREVILLEA 66	BLUE/HOVEA	145
HOVEA 83	HOVEA 62	GOLD/ACACIA	137
ACACIA 78	ACACIA 59	RED/GREVILLEA	135
GREVILLEA 69	ZAMIA 48	GREEN/ZAMIA	131



The overall team results show a very close battle between all factions for the title of first Cross-Country Champions on the new trophy. Every student and every participation point was important. Congratulations to Mighty Blue/Hovea!



### SCHOOL SPORT WA (SSWA) PRIMARY CROSS-COUNTRY CHAMPION SCHOOLS EVENT

Students who finished 1st - 5th in each of the Year 5, 6 & 7 Faction Cross-Country races have been invited to represent North Woodvale in the SSWA Champion Schools Cross-Country at UWA Sports Park, Mt Claremont on **Tuesday, 18<sup>th</sup> August**. An information package including race requirements, course details, training times and the Permission & Medical Form was given to those students last week. **Please note:** a competitor's race is determined by his/her year level at school. SSWA has scheduled Years 5-7 races only in 2009.

TIME	EVENT	DISTANCE
10:00 a.m.	Girls Year 5	1500m
10:30 a.m.	Boys Year 5	1500m
11:00 a.m.	Girls Year 6	2000m
11:30 a.m.	Boys Year 6	2000m
12:00 p.m.	Girls Year 7	2500m
12:30 p.m.	Boys Year 7	2500m
1:00 p.m.	Presentations	

### FACTION T-SHIRTS

All students are encouraged to wear their faction t-shirts on sports days only. The days in Term 3 are:

**Thursday for Pre-Primary 1, Pre-Primary 2, Rooms 2-6, Room 8 & Room 9**

(Junior School Tabloid Sports Day Training)

**Friday for Room 7 & Rooms 10-15**

(Senior School Athletics Carnival Training)

**Term 3 Athletic Sports Events**

(e.g. Years P-3 Tabloid Sports Day and Years 4-7 Faction Athletics Carnival)

Please contact the office or P & C if you would like to purchase a faction t-shirt.

**Red = Grevillea**

**Green = Zamia**

**Gold = Acacia**

**Blue = Hovea**



### YEARS P-3 TABLOID SPORTS DAY (INCLUDING YEARS 1-3 CROSS-COUNTRY)

This term, students in Pre-Primary and Years 1-3 have an opportunity to display their skills at the Tabloid Sports Day on Friday, 4<sup>th</sup> September (*Reserve Day: Tuesday, 22<sup>nd</sup> September*). All P-3 classes have been busy training for this fun and exciting day during their Thursday afternoon sport time. Students can participate in up to eleven events including beanbag relay, corner spry, long jump, obstacle course, sack race, 60m sprint and 'tug of war'. New signs will make all events easy to find. The official P-3 Sports Program will be sent home about a week before the big day.

Mr Mike Zyrucha — Physical Education Specialist